

Zucchini Spaghetti with Tomatoes & Pesto

Serves one person



- 7 oz chicken, cubed
- 1 cup basil, chopped
- 1 garlic clove
- 1/4 tsp grapeseed oil
- 1/4 tsp olive oil
- 1 1/2 cups zucchini, julienned
- 1/2 cup cherry tomatoes
- sea salt & pepper to taste

In a small blender, blend together basil, garlic and olive oil. Once the mix reaches a smooth consistency, set aside. In a hot non-stick pan with grapeseed oil, add chicken; let cook. Now, add zucchini, tomatoes and pesto sauce, bring to a boil. Ready to serve!