

DELAND CHIROPRACTIC & SPINAL DECOMPRESSION
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Nutritional Counseling DRX Spinal Decompression Chiropractic Acupuncture Comprehensive Blood Analysis

Slaw Salad

Ingredients: Shredded Cabbage
Red, Orange, Green and Yellow Bell Peppers
Sweet Peppers
De-seeded and Cubed Cucumber
Green Onions
Ideal Salt
Pepper
A few splashes of Apple Cider Vinegar
Mix in a large bowl and let marinate overnight.
You can add other veggies of your choice like Celery and
Tomatoes (Optional), etc.



Thank you Tara for the amazing Recipe!