

Deland Chiropractic & Spinal Decompression

905 North Stone Street
DeLand, FL 32720



Phone – (386)734-9995
Fax - (386)734-9949

Nutritional Counseling

Chiropractic

Acupuncture

Comprehensive Blood Analysis

Celery Root Salad



- Boil Celery Root as you would potatoes for potato salad (Cooked but not to soft)
- Let cool, peel off skin
- Slice into ½ inch slices. (can cut into chunks or pie shaped pieces)
- Add olive oil, vinegar, salt, pepper and diced onion
- Let stand several hours in refrigerator or overnight covered with plastic